

# Dua on Waking Up

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الْحَمْدُ لِلَّهِ الَّذِي أَحْيَانَا بَعْدَ مَا أَمَاتَنَا، وَإِلَيْهِ النُّشُورُ

*Al-hamdu lillahil-ladhi ahyana ba'da ma amatana, wa ilayhin-nushur*

All praise is for Allah, who gave us life after He made us die (sleep),  
and to Him is the Resurrection.

**Say it when you wake up.**

Source: Sahih al-Bukhari 6324 (narrated by Hudhayfah). [sunnah.com/bukhari:6324](http://sunnah.com/bukhari:6324)

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